

Torque Settings



Holden F16D3

Head Bolt Part Number: 30096056

Torque Setting:

Stage 1: 25Nm

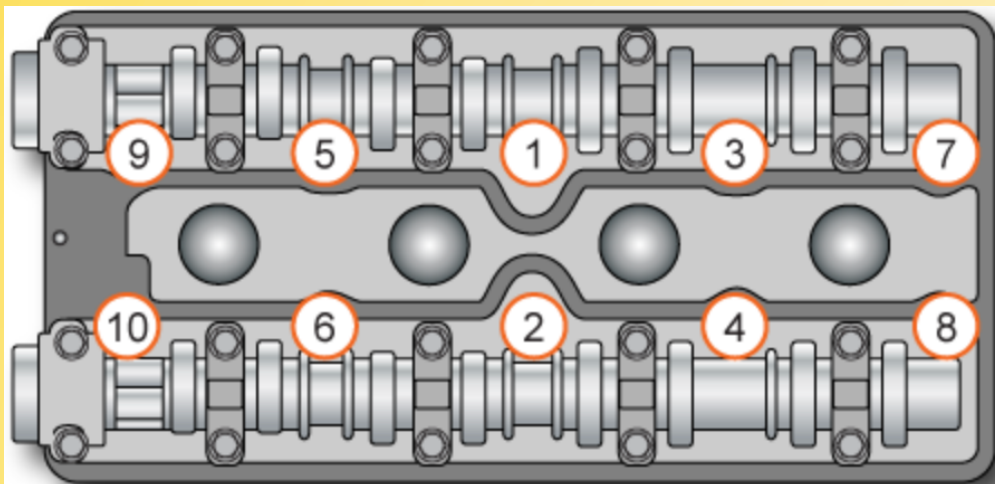
Stage 2: +60 Degrees

Stage 3: +60 Degrees

Stage 4: +60 Degrees

Stage 5: +10 Degrees

Torque Sequence:



Notes:

All Threads, Heads & Washers must be lightly oiled.

Use an old head bolt with a groove cut down the thread to clean the threads in the block.