

Torque Settings



Holden F18D4

Head Bolt Part Number: 30096055

Torque Setting:

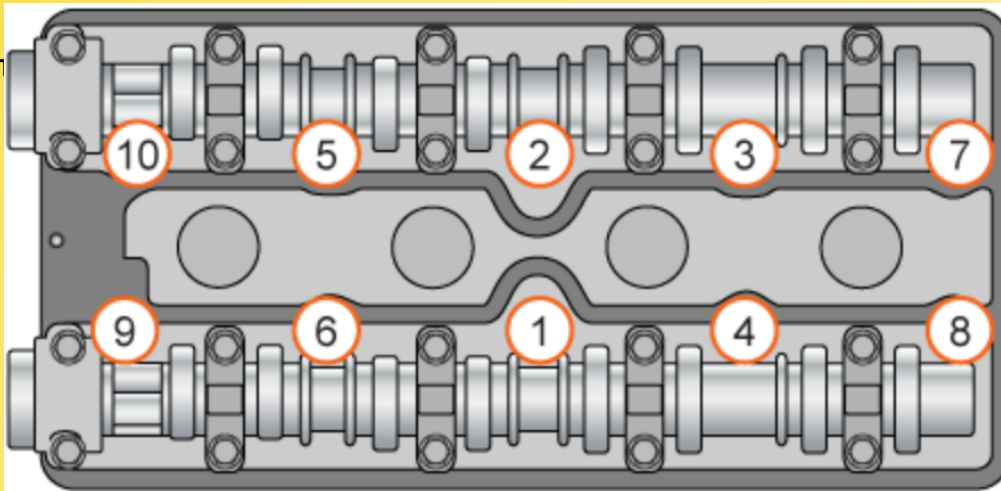
Stage 1: 25Nm

Stage 2: +90 Degrees

Stage 3: +90 Degrees

Stage 4: +90 Degrees

Stage 5: +45 Degrees



Notes:

All Threads, Heads & Washers must be lightly oiled.

Use an old head bolt with a groove cut down the thread to clean the threads in the block.