

Torque Settings



Ford H9FB

Head Bolt Part # 30056048

Torque Setting:

Stage 1: Bolts 1 to 10 10 Nm

Stage 2: Bolts 11 to 18 5 Nm

Stage 3: Bolts 1 to 10 20 Nm

Stage 4: Bolts 11 to 18 10 Nm

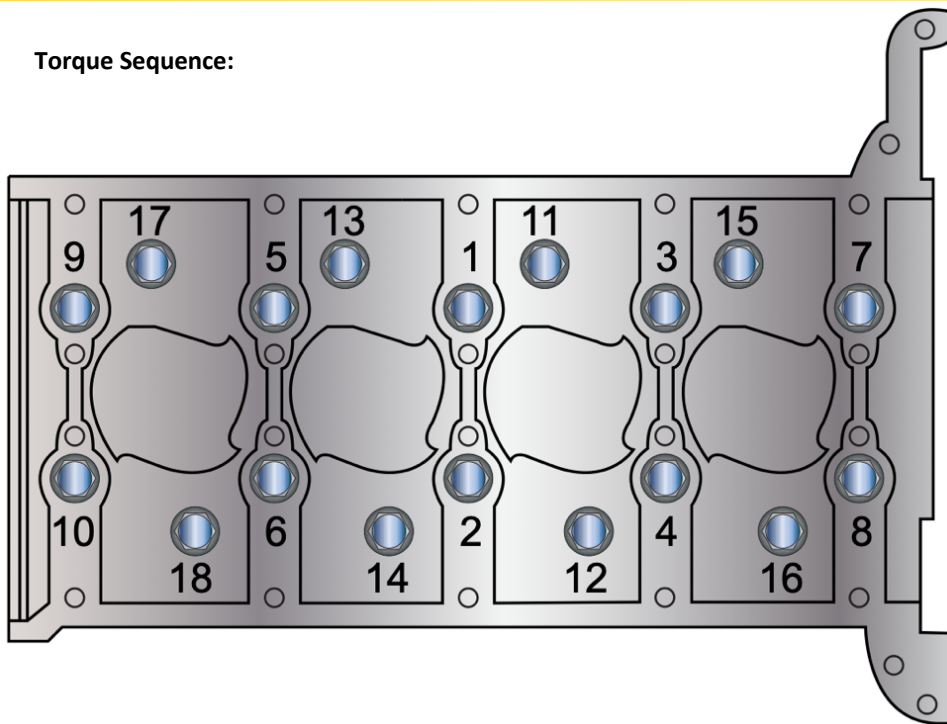
Stage 5: Bolts 1 to 10 40 Nm

Stage 6: Bolts 11 to 18 20 Nm

Stage 7: Bolts 1 to 10 +180 Degrees

Stage 8: Bolts 11 to 18 + 180 Degrees

Torque Sequence:



Notes:

All Threads, Heads & Washers must be lightly oiled.

Use an old head bolt with a groove cut down the thread to clean the threads in the block.